

RUGBY CROSS COUNTRY RESULTS

Class "B" East Region, Saturday, October 15, 11:00 a.m.
Site - Cooperstown Country Club - Cooperstown, ND

Varsity Girls (4000 Meters) (125 runners)

Sydney Kraft - 6th place - 15:58 - **All-Region**
Lauren Christenson - 9th place - 16:23 - **All-Region**
Allison Foster - 22nd place - 17:09
Alexis Thompson - 30th place - 17:29
Bailey Nelson - 33rd place - 17:33
Camille Klein - 36th place - 17:41
Natalie Bahr - 55th place - 18:33
Hannah Christenson - 61st place - 18:39

McKenzie Johnson - 65th place - 19:02
Aubrey Hovland - 79th place - 19:25
Cassandra Jaeger - 83rd place - 19:52
Canya Fly - 106th place - 21:25
Paxton Klein - 113th place - 21:58
Tashal Trottier - 116th place - 22:20
Breanna Thompson - 122nd place - 23:22

Team Results: 1. Hillsboro - 86, **2. Rugby - 100**, 3. Carrington - 113, 4. Velva - 119, 5. Grafton - 133, 6. Hatton/Northwood/Thompson - 237, 7. Griggs County Central - 256, 8. Barnes County North - 303, 9. Langdon Area - 309, 10. Dunseith - 327, 11. Lisbon - 354, 12. Richland - 373, 13. Four Winds/Warwick - 401, 13. Mayville-Portland-Clifford-Galesburg - 397, 15. North Star - 404, 16. Cavalier - 405, 17. Central Cass - 425, 18. Central Prairie - 428, 19. Larimore - 432, 20. Sargent Central - 528, 20. LaMoure - 528

Individual Winner: Chandra Yankton - Dunseith - 15:28

Region Nominees for State Outstanding Senior of the Year Award: Sydney Kraft - Rugby
Tasha Heisler - Velva
Breanne Sherlock - Velva

Region Coach of the Year: Bill Jansen - Rugby

Varsity Boys (5000 Meters) (104 runners)

Erik Wangler - 4th place - 17:43 - **All-Region**
Kyle Halvorson - 7th place - 17:52 - **All-Region**
Kyle Volk - 9th place - 18:05 - **All-Region**
Andrew Hershey - 11th place - 18:10 - **All-Region**
Tanner Bernhardt - 15th place - 18:13 - **All-Region**

Taylor DeMers - 23rd place - 18:48
Tyler Schmaltz - 50th place - 20:34
John Mueller - 51st place - 20:39
Noah Kraft - 57th place - 20:59
Nolan Hovland - 95th place - 24:37

Team Results: **1. Rugby - 46**, 2. Lisbon - 99, 3. Central Cass - 110, 4. Grafton - 136, 5. Griggs County Central - 169, 6. Four Winds/Warwick - 220, 7. Sargent Central - 227, 8. North Star - 243, 9. Cavalier - 268, 10. Central Prairie - 289, 11. Langdon Area - 305, 12. Hatton/Northwood/Thompson - 314, 13. Dunseith - 334, 14. Velva - 381, 15. Larimore - 403, 16. Richland - 446, 17. Carrington - 466, 18. Hillsboro - 479, 19. Barnes County North - 498

Individual Winner: Thomas Horgeshimer - Lisbon - 16:54

Region Nominees for State Outstanding Senior of the Year Award: Erik Wangler - Rugby
Kyle Volk - Rugby
Lincoln Larson - North Star

Region Coach of the Year: Joe Kern - Lisbon